

Finding your perfect garment size is easy

How to Measure

CHEST: Measure just under the arms, across fullest part of chest, around shoulder blades holding tape firm and level.

WAIST: Measure your natural waistline, keeping one finger between the tape and the waist.

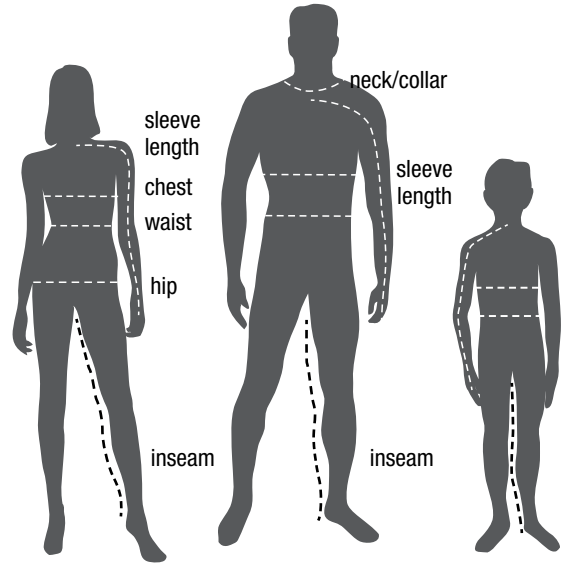
HIP: Stand and measure around the fullest point of hips.

SLEEVE LENGTH: With arm relaxed at side and slightly bent, measure from center back neck, over the shoulder, down to the outer wrist.

INSEAM: Stand and measure from center crotch to bottom of ankle bone.

(Please refer to specific style for garment inseam length.)











UNISEX: Men's medium is similar to ladies' large. Sleeve length will be about 1-1½" longer. Body of garment is not form fitting. Unisex medium is equivalent to men's medium through chest and sleeve length.





















TALL SIZES:

Men's garments have added length in the body and sleeves. Short-sleeves are 1" longer, long-sleeves and body length are 2" longer.

MEN'S GARMENT SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Numeric Sizing (USA/Canada)	34	38	40	42	44	46	48	50	52	54
Numeric Sizing (European)	44	48	50	52	54	56	58	60	62	64
Neck/Collar Size	13.5" - 14"	14.5" - 15"	15.5" - 16"	16.5" - 17"	17.5" - 18"	18.5" - 19"	19.5" - 20"	20.5" - 21"	21.5" - 22"	22.5" - 23"
Chest	32" - 34"	35" - 38"	39" - 41"	42" - 45"	46" - 49"	50" - 52"	53" - 56"	57" - 60"	61" - 64"	65" - 68"
Waist	26" - 28"	29" - 31"	32" - 34"	35" - 37"	38" - 41"	42" - 44"	45" - 47"	48" - 50"	51" - 53"	54" - 56"
Sleeve Length (Regular)	32.5" - 33"	33" - 33.5"	34" - 34.5"	35" - 35.5"	36" - 36.5"	37" - 37.5"	38" - 38.5"	38.5" - 39"	39" - 39.5"	39.5" - 40"
Sleeve Length (Tall)	32.5" - 33"	33" - 33.5"	34" - 34.5"	37" - 37.5"	38" - 38.5"	39" - 39.5"	40" - 40.5"	40.5" - 41"	41" - 41.5"	41.5" - 42"
LADIES' GARMENT SIZE	XS	S	M	L	XL	2XL	3XL	4XL		
Numeric Sizing (USA/Canada)	2	4-6	8-10	12-14	16-18	20	22	24		
Numeric Sizing (European)	32	34-36	38-40	42-44	46-48	50	52	54		
Chest	31" - 32"	33" - 35"	36" - 38"	39" - 42"	43" - 45"	46" - 49"	50" - 53"	54" - 57"		
Waist	23" - 24"	25" - 27"	28" - 30"	31" - 32"	33" - 35"	36" - 38"	39" - 41"	42" - 44"		
Hip	33" - 34"	35" - 37"	38" - 40"	41" - 42"	43" - 45"	46" - 48"	49" - 51"	52" - 54"		
Sleeve Length	29.5" - 30"	30.5" - 31"	31.5" - 32"	32.5" - 33"	33.5" - 34"	34.5" - 35"	35" - 35.5"	35.5" - 36"		
YOUTH GARMENT SIZE	XS (4-6)	S (8)	M (10-12)	L (14-16)	XL (18-20)					
Chest	24" - 25"	26" - 27"	28" - 30"	31" - 32"	33" - 34"					
Waist	21" - 22"	23" - 24"	25" - 26"	27" - 28"	29" - 30"					
Sleeve Length	24.5" - 25"	25" - 26.5"	26.5" - 28"	28" - 29.5"	29.5" - 31"					

BRAND	GENDER	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
	Men's (Chest)	32"-35"	35"-39"	40"-45"	44"-48"	48"-51"	50"-54"	52"-57"	56"-60"			
	Ladies' (Chest)		28"-37"	34"-39"	36"-42"	38"-45"	40"-48"	42"-52"	44"-53"			
	Unisex (Chest)		45"	47"	49"	51"	53"	55"				
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"	
	Ladies' (Size)			4-6	8-10	12-14	16-18	20-22	24-26			
	Youth (Size)		2-4	6-8	10-12	14-16	18-20					
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"	66"-68"
	Ladies' (Size)		0-2	2-4	6	8-10	12-14	16-18	20-22			
	Ladies' (Chest)		30"-32"	32"-34"	34"-36"	36"-40"	40"-44"	44"-48"	48"-52"			
	Men's (Chest)		33"-35"	36"-38"	39"-41"	42"-45"	46"-49"	50"-53"	54"-57"			
	Ladies' (Size)		2	4-6	8-10	12-14	16					
	Men's/Unisex (Chest)		33"-35"	35"-38"	38"-41"	43"-44"	45"-48"	48"-52"	53.5"-56"	60"		
	Ladies' Fitted (Size)			0-2	2-4	4-6	8-10	12				
	Ladies' Relaxed (style 3940) (Size)		0-2	2-4	4-6	8-10	12-14	14-16	18-20			
	Ladies' Relaxed (Size)		0-2	2-4	4-6	8-10	12-14	14-16	18-20			
	Ladies' Oversize Fit (Size)		2-6	4-8	6-10	8-12	12-16	18-20	20-24			
	Ladies' Dolman/Flowy (Size)		2-6	4-8	6-10	8-12	12-16	18-20	20-24			
	Toddler (Size)		2T	3T	4T							
	Men's Polos (Chest)	37"	39.5"	42"	44"	47"	50.5"	53.5"	56.5"	60"	63"	
	Men's Polos (Length)	27"	28"	29"	30"	31"	32"	33"	34"	35"	35"	
	Men's Layering (Chest)	37"	39.5"	41.5"	44"	47"	50.5"	53.5"	56.5"	60"	63"	
	Men's Layering (Length)	26"	27"	28"	29"	30"	31"	32"	33"	34"	35"	
	Ladies' Polos (Chest)	32.5"	34"	35.5"	37.5"	40"	41"	43.5"	46"	48.5"	51"	
	Ladies' Polos (Length)	24.5"	25"	25.5"	26"	26.5"	27"	27.5"	28"	28.5"	29"	
	Ladies' Layering (Chest)	32.5"	34"	36"	38"	40"	42"	44"	46.5"	49"	51"	
	Ladies' Layering (Length)	26"	26.5"	27"	27.5"	28"	28.5"	29"	29.5"	30"	30.5"	
	Toddler (Size)			2	3	4	5/6	7				
	Infant (Size)		NB	6M	12M	18M	24M					
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"			
	Men's (Hip)			39"	42"	45"	48"	51"	54"			
	Men's (Sleeve Length)			32.5"	33.5"	34.5"	35.5"	36.5"	37.5"			
	Ladies' (Chest)		33"	35"	37.5"	41.5"	46"	48"				
	Ladies' (Hip)		35"	37"	39.5"	43.5"	48"	50"				
	Ladies' (Sleeve Length)		30"	30.75"	31.5"	32.25"	33"	33.375"				
		Men's/Unisex (Chest)		30"-32"	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"		
Joggers (Inseam)			27½"	28"	28½"	29"	29½"	30"				
Joggers (Waist)			28"	30"	32"	34"	36"	38"				
Yoga Pant (Inseam)			24¼"	24¾"	25¼"	25¾"	26¼"	26¾"				
Yoga Pant (Waist)			18"	20"	22"	24"	26"	28"				
	Adult (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"	
	Adult Joggers (Waist)			30"	32"	34"	36"	38"				
	Adult Joggers (Inseam)			29"	30"	31"	32"	33"				
	Adult Joggers (Outseam)			39"	40"	41"	42"	43"				

BRAND	GENDER	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
	Men's T-Shirt (Chest)		38"-40"	40"-42"	42"-44"	45"-47"	48"-50"	51"-53"	54"-56"	57"-59"		
	Youth T-Shirt (Chest)	24"-26"	28"-32"	33"-35"	36"-37"	38"-39"	40"-41"					
	Men's (Waist)		23"-25"	25"-28"	28"-30"	30"-34"	34"-38"	38"-40"	40"-42"	42"-44"		
	Youth (Waist)		21"	22"	24"	26"	28"					
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-66"	
	Men's (Chest)		32"-34"	35"-37"	38"-40"	41"-43"	44"-46"	47"-48"	49"-50"			
	Ladies' (Chest)		30"-31"	32"-33"	34"-35"	36"-37"	38"-39"	40"-41"				
	Ladies' (Waist)		23"-25"	25"-27"	27"-29"	29"-31"	31"-33"	33"-35"				
American Apparel	Unisex (Chest)	29"-31"	30"-32"	34"-36"	38"-40"	42"-44"	46"-48"	48"-50"	50"-52"			
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	64"	
	Junior Ladies' Fit (Size)			0-2	4-6	8-10	12-14	16-18	18-20			
	Ladies' (Size)			0-2	4-6	8-10	12-14	18-20	20-22			
	Men's (Chest)		34"-36"	36"-38"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"			
	Ladies' (Size)		32"-34"	34"-36"	36"-38"	38"-40"	40"-42"	42"-44"				
	Unisex Chef's Pants		28"-30"	32"-34"	34"-36"	36"-38"	38"-40"	42"-44"	44"-46"	46"-48"		
	Adult (Chest)			36"	40"	44"	48"	52"	56"	60"	64"	
BELLA+CANVAS	Men's/Unisex (Chest)		31"-34"	34"-37"	38"-41"	42"-45"	46"-49"	50"-53"	54"-57"	58"-61"		
	Ladies' Jersey & Rib (Size)			2-4	6-8	8-10	10-14	14-18				
	Ladies' Relaxed (Size)			2-6	6-10	10-14	14-18	18-22				
	Ladies' Flowy (Size)			0-2	2-4	6-10	10-14	14-18	18-20			
	Youth (Size)			6-8	10-12	14-16						
	Men's (Chest)			36"-38"	40"-42"	44"-46"	48"-50"	52"-54"	56"-58"	60"-62"		
	Men's (Chest)			38"-40"	41"-43"	44"-46"	47"-49"	50"-52"	54"-56"			
	Men's (Chest)		30"-32"	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"			
	Men's (Waist)		24"-26"	28"-30"	32"-34"	36"-38"	40"-42"	44"-46"	48"-50"			
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"		
	Men's (Chest)		32"-35"	35"-38"	38"-41"	42"-45"	46"-49"	50"-53"	54"-57"			
	Ladies' (Size)		2	4-6	8-10	12-14	16-18					
	Ladies' (Chest)		32"-33"	34"-35"	36"-37.5"	39"-40.5"	42"-44.5"	43"-45"				
COMFORT COLORS	Men's (Chest)			37"-45.5"	41"-47.5"	45"-50.5"	49"-53"	53"-56"	56"			
	Men's (Chest)		30"-32"	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"	66"-68"
	Ladies' (Size)			0-2	4-6	8-10	12-14	16-18	20-22	24-26		
	Unisex (Chest)		30"-32"	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"	66"-68"
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"	
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"	66"-68"
	Ladies' (Size)			4-6	8-10	12-14	16-18	20-22	24-26			
eCONSCIOUS 	Men's (Chest)		33"-36"	35.25"-40"	38.25"-44"	41.25"-48"	44.25"-51"	47.25"-54"	57"			
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"	66"-68"
	Ladies' (Size)			4-6	8-10	12-14	16-18	20-22	24-26			
	Men's (Chest)			34"-36"	38"-40"	42"-44"	46"-50"	50"-52"	54"-56"	58"-60"	62"-64"	
	Ladies' (Size)			0-2	4-6	8-10	12-14	18-20	20-22	24-26		
	Junior Ladies' (Size)			0-2	4-6	8-10	12-14	16-18	18-20			
	Youth (Size)			2-4	6-8	10-12	14-16					
	Youth (Size) G200B/G240B/G500B			6-8	10-12	14-16	18-20	22-24				
	Men's (Chest)		30"-32"	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"	66"-68"
	Ladies' (Size)			0-2	4-6	8-10	12-14	16-18	20-22	24-26		